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Meet the author



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EVENT

Palate Palette Restaurant & Bar

21. Jalan Mesui Off Jalan Nagasari Kuala Lumpur Tel: (03) 4253 5312 E-mail: enquiries@spca.org.my ANIMAL PAR-TEA

April 26, 2pm-5pm: Join SPCA for their second gettogether in the "Party Animals In The City" series.

Spend an afternoon with your pet in good company - with delicious snacks and a hot cuppa. Look out for pet accessories by thirtyfour and a pet photography session courtesy of Fiona.

Tickets are RM50 per person. Due to space constraints, each individual guest or couple may bring only one pet. Call for tickets.

Universiti Tunku Abdul Rahman (Utar)

Sungai Long campus Tel: (03) 7625 0328/016-2233 559 E-mail: enquiry@utar.edu.my www.utar.edu.my

UTAR OPEN DAY

April 26, 9.30am-5.30pm: Prospective students can enquire about programmes available and obtain information on financial assistance such as Utar scholarships and PTPTN loans.

There will be campus tours and a series of free career talks and workshops as well. Extended counselling is conducted at the Petaling Jaya campus (Block PA) and Perak campus daily from now until June I4, Monday to Sunday, 9.30am to 5.30pm (except public holidays). All students and parents are welcome

WORKSHOP

MPH Megastore I Utama

1 Utama Shopping Centre Tel: (03) 7726 9003

www.mphonline.com

UNLEASH THE ARTIST WITHIN WITH BATIK ART

April 26, 2pm-4pm: Batik, a unique traditional art form, is being reintroduced in this workshop as modern art to bring out the artist within you. Have fun experimenting.

Limited seats available for adults and kids (age seven and above). Fee: RM20 per person.

39-4 (3rd Floor), Jalan IO/II6B Kuchai Entrepreneurs Park Off Jalan Kuchai Lama Kuala Lumpur

Tel: (03) 7980 0616, 012-292 7098 or 016-770 3928

SUCCESSFUL COMMUNICATION WORKSHOP

April 29, 8pm-9pm: By understanding the subconscious within, we can learn to understand ourselves. It helps us to gain a positive attitude and resolve conflicts in life, overcome our ego, de-stress and communicate better.

Learn the correct way to communicate with your loved ones, business associates and the people around you. The workshop is conducted by therapist Amanda Cheng from Hong Kong. Admission is free. Call to reserve a place

PILATES

PanGlobal Club

Level 7, Bangunan PanGlobal IA. Jalan Tandang Petaling Jaya, Selangor Tel: 017-8788 559 (Anna)

or 019-361 0637 (Erin, Sun Yoga classes)

www.annakronenburg.com

PILATES FOR BEGINNERS

May 9, 3pm: If you're keen on strengthening your core muscles and finding out what the Pilates rage is all about, sign up for this course conducted by Anna Kronenburg, a certified teacher with the Pilates Institute of Australasia.

A fee of RM360 will be charged for IO classes. Anna will be conducting another session for beginners as well at Sun Yoga, TTDI. Classes begin on May 7 at 7.30pm. Call for reservations.

NATURE

Forest Research Institute Malaysia (FRIM)

Kepong, Kuala Lumpur Tel: 012-3061133 (Mr Tang) E-mail: tuck.hong@yahoo.com INTRODUCTION TO BIRDWATCHING

April 26, 7.15am: Come and have a taste of what "birding" is like with the Malaysian Nature Society, Selangor Branch Bird Group.

There will be ample opportunity to look at birds through telescopes and to appreciate their beauty.

Bring along your binoculars, a hat, drinking water and mosquito-repellant for this half-day birdwatching trip. Wear dull-coloured clothes and comforta-

MARKET

Flea Market Boutique

20-3 (2nd Flr) Jalan PJU 5/10

Dataran Sunway, Kota Damansara

E-mail: fleamarketboutique@gmail.com www.fleamarketboutique.blogspot.com

RECYCLE YOUR WARDROBE

April 26, 3pm-5pm: Don't miss out on the opportunity to upgrade your wardrobe without busting the bank.

Bring your pre-loved clothing, bags, belts, hats, jewellery or shoes for the bidding event. Fashion consultants will be on hand to offer handy tips on mix-and-matching your fashion style, going from chic to glam. Free admission.

FORUM

Main lobby

UKM Medical Centre Bandar Tun Razak

Cheras **FORUM & EXHIBITION**

April 27 & April 28: The Department of Medicine & Cell Therapy Centre at Universiti Kebangsaan Malaysia is organising a public forum & exhibition on stem cell transplantation on April 27 and April 28.

The theme is "Everyone is a donor". The object tives are to disseminate information on stem cell transplantation particularly haematopoietic (blood) stem cell transplantation and encourage the public to become donors.

The opening ceremony is on April 27. On April 28 there will be a forum entitled "Stem Cell Donation and Transplantation in the Aspects of Medical, Religious & Human Rights'

The panel will be Prof Dr S Fadilah Abd Wahid (from UKMMC), Datuk Siva Subramaniam (from Suhakam) and Ustaz Wan Sheikh Saifudin (from Yayasan Ilmuan).

It is open to the public. For more info, call Ummie/Zura/Aqilah at (03) 9145 6090/91456289. Compiled by JOLEEN LUNJEW